

UICOM-UC
ICM 2006-2007
Equipment list

Essential Instruments/Supplies:

White coat (short, no colors please): 1 is supplied by COM, consider buying a second at Troy's
Uniforms (approx. \$30) for convenience
UICOM-UC Name Tag: provided at Carle and other sites
Stethoscope (good quality, double tube recommended)
Otoscope/Ophthalmoscope (Welch-Allyn Halogen 3.5 volt, rechargeable is recommended)
Reflex or neurological hammer (large rounded head is better)
Tuning forks x 2 (512 or 1024 Hz: 128 Hz)
Tape measure (non-stretch cloth, metric)
Penlight

Highly Recommended:

Sphygmomanometer (may be purchased from non-medical stores, calibrated at no cost at the
Blood Bank) usually available on the wards

Other Useful Instruments/Supplies:

Nasal speculum (those which attach to otoscope are not recommended-hand held "pliers" type
are best)
Pocket metric ruler
Dividers for ECG interpretation for 2 point discrimination
Vials containing "scented" materials for assessing olfaction

Necessary Supplies usually available on the wards:

Examination gloves (disposable)
Tongue blades
Plastic Eye Protection, ideally glasses with side pieces
(Cards to assess stool for occult blood)

Bag to contain the above instruments. Some students use a "camera bag."

"Name brands" for medical instruments are Welch-Allyn, Propper (otoscopes/ophthalmoscopes);
Littmann, Hewlett-Packard (stethoscopes). If you still receive a complementary stethoscope,
consider using it initially. They are good quality and the added expense of another scope is probably
not justified at this time.

Carle Medical Supply - 10% discount to students

Most costly items are diagnostic set>stethoscope>Sphygmomanometer