

iHelp 2007 Recap



On Saturday, October 13, more than 40 medical and pre-health students and staff volunteered at the Swann Special Care Center in southwest Champaign. The College of Medicine team, as they were affectionately called, interacted with patients, painted, washed windows, and assisted with organizing and filing. Team members enjoyed the experience of giving back to the community and more specifically, the Swann residents and staff, whom showed their appreciation at the end of the day by hosting a cheesecake reception and raffle for the volunteers. For the younger students, iHelp was a great start to a lifetime of service to those in need. The experience reminded them that, **"There is no exercise better for the heart than reaching down and lifting people up"** (John Andres Holmes).