University of Illinois
College of Medicine at Urbana-Champaign
Internal Medicine Residency Program

Subject: Infectious Disease Prevention – Blood and Body Fluids Exposure

Category: Program
Scope: All Services

Effective Date: 7/30/2001
Revised: 05/22/2015
Approved by REC: 05/22/2015

Purpose: To outline the guidelines and procedures for infectious disease prevention for residents' exposure to blood and body fluids and risks related to Human Immunodeficiency Virus (HIV), and Hepatitis B Virus (HBV) and Hepatitis C Virus (HCV).

Policy:

Due to possible risks of acquiring infectious diseases during the postgraduate medical education such as HIV, HBV and HCV, residents should be informed of universal precautions, exposure procedures, and treatment available at each of the residency teaching hospitals (Carle Foundation Hospital, Presence Covenant Medical Center, and the Veterans' Affairs Illiana Health Care System in Danville). Residents should also become familiar with provisions and limitations of their personal health insurance plan. The following policy applies to all University of Illinois College of Medicine at Urbana-Champaign postgraduate medical residents, referred to hereinafter as the subject group.

1. As part of the educational program the subject group will receive and familiarize themselves with information about HIV and viral hepatitis, specifically about methods by which these agents may be transmitted in the educational setting and how to prevent such transmission. They shall also be provided and familiarize themselves with each affiliated institution's blood and body fluids exposure policy and procedures to be taken if exposed. As part of the postgraduate medical curriculum, residents will receive a series of informational and practical sessions regarding preventive measures before exposure and follow up procedures after exposure to these agents. The associate residency directors at each teaching hospital site will monitor their affiliated institution's policy, will identify procedures for individuals to take after exposure that will include providing immediate treatment and counseling, and will keep records of all subject groups exposures.

2. Routine or mandatory HIV testing of the subject group is not recommended.

3. The established University long-term disability program shall apply to employees. COM-UC will inform the subject group of the current coverage provided.

4. The UICOM-UC will distribute this policy to the subject group and to each affiliated institution where a subject group may be at risk.

A printed document is to be considered a convenience copy only. Please refer to web site for the most current version of this or any policy.